



Dashboard

The REGION

	<u>Michigan</u>	<u>Region</u>	
Unemployment 2022	4.2%	4.9%	▲
Median Household Income 2022	\$66,900	\$60,250	▲
Veterans 2022	5.83%	7.97%	
Disabled 2022	14.1%	16.9%	



	<u>2021</u>	<u>2022</u>
Thumb Population	214,303	214,125

System Metrics^{xvii}	2021	2022	2023	Target-2024
Number of Members	16	17	29	29
Dollar Amount of New Resources	\$0	\$721,028	\$759,923	\$800,000

HEALTH TRENDS and OUTCOMES

	Base Rank/Rate			Target	Most Recent Rank/Rate			% Change	
	Michigan	Region	Data Yr.		Michigan	Region	Data Yr.	Worse	Better
Long Term Health Status									
County Health Rank ⁱ	NA	31.75	2020	30	NA	39.25	2023	24%	
Years of Potential Life Lost Rate ⁱⁱ	7600	7625	2016-18 avg	7400	8500	8625	2019-2021	13%	
Behavioral Health									
Death from Suicide Rates ⁱⁱⁱ	13.4	17.05	2013-17	16	14.4	16	2018-2022		-6.2%
Ever been told they have depression % ^{iv}	21.7	18.3	2015-17	22	21.2	19.9	2020-2022		9%
Mental Health Provider Rate ^v	370	632.5	2018	600	300	535	2023		-15.4%
Middle & High School reporting depression % ^{vi}	NA	37-43%	2018	27	NA	39-46%	2022	14%	
Obesity Related Chronic Disease									
Diabetes Mortality Rate ^{vii}	22	21	2015-17	19	26.1	33.1	2020-2022	57.6%	
BMI Rates over 85th percentile- Youth ^{viii}	NA	37.0	2018	35	NA	38.5	2022	4%	
Adequate Physical Activity- Youth ^{ix}	NA	60.4	2018	63	NA	63.5	2022		5%
Healthy BMI Rates- Adults ^x	31.3%	29.3%	2015-17	31	29.3%	23.4%	2020-2022	20.1%	
No leisure time Physical Activity- Adults ^{xi}	25.5%	26.8%	2015-17	25	22.6%	27.7%	2020-2022		3.4%
Social Determinants of Health									
% of residents going without healthcare due to cost ^{xii}	9.2%	9.0%	2019-2021	6.5%	7.9%	7.6%	2020-22		-16%
Food Insecurity ^{xiii}	12%	12.5%	2021	12%	Strategies being developed.				
Severe Housing Problems ^{xiv}	8.8%	8.2%	2016-20	11%					
% of residents in poverty ^{xv}	13.3%	12%	2021	11%					
% of households living above poverty but below the cost of living (ALICE) ^{xvi}	28%	29%	2022	17%					

Man Therapy Outcomes

	Base Rank/Rate			Target	Most Recent Rank/Rate			
	Michigan	Region	Data Yr.		Michigan	Region	Data Yr.	% Change
Reduction of Suicide/Self-Harm Events for Men								
Death from Suicide Rates/Males ⁱⁱⁱ	22.6	27.4	2016-2020	23	25.6	26	2017-2021	-5% ↓
Impact of Outreach^{xviii}								
Unique Site Users- Monthly Average	2231	220	Jan-Mar 2022	70	3384	250	July-Sept 2023	14% ↑
Sessions-Monthly Average	2609	251	Jan-Mar 2022	85	3902	292	July-Sept 2023	16% ↑
Head Inspections Completed- Monthly Average	682.33	45	Jan-Mar 2022	10	1163	87	July-Sept 2023	98% ↑
% who have used the site and find it useful	NA	75% (6/8)	March 2021	80%	NA	78.6% of 17 men	2022- Sub-report of MI study	3.6% ↑
Number of users who have accessed a Thumb Area Resource Card (Total for three months)	NA	44	Jan-Mar 2022	15	NA	23	July-Sept 2023	48% ↓
Reduced Stigma to Use of Mental Health Services^{xix}								
Disagree that it is embarrassing or scary to ask for help for a mental health condition	NA	23% (of 143 men)	March 2021	33%	NA	25% (of 73 men)	July 2023	9% ↑
Agree that if I was concerned about a mental health issue for myself or family, I would know how to get help.	NA	62%	March 2021	67%	NA	70.5%	July 2023	12% ↑

Women to Women Program	Pre	Post	% Change (36 women)	Pre	3 Mo Follow up	% Change from pre (37 women)
	Average	Average		Average	Average	
Changes in Behaviors^{xx}						
Participants self report physical activity a regular part of daily routine	2.19	3.06	39% ↑	2.14	2.84	33% ↑
Participants make eating a variety of healthy foods a priority	4.28	5.09	19% ↑	4.16	5.27	27% ↑
Participants use information learned about stress to manage health	2.14	4.19	96% ↑	2.08	4.35	109% ↑
Changes in Ability to Manage Chronic Condition^{xvii}						
Participants reporting ability to communicate health needs	2.22	2.94	33% ↑	2.19	2.86	31% ↑
Participants report exploring community resources	1.97	2.33	18% ↑	1.89	2.08	10% ↑
Participants indicating that they have increased confidence related to managing their condition	2.67	3.25	22% ↑	2.59	3.31	27% ↑
Participants create a weekly action plan to set and accomplish health goals	1.86	3.25	75% ↑	1.84	2.84	54% ↑
Program Satisfaction (31 responses)^{xxi}						
Ranking program at a 3 or 4- average rating for satisfaction	97% or 3.71		This started out (for me) a "just see what it's about." It ended up with me marking my book, and setting goals and incorporating my year old granddaughter into my exercise (we March in place, stretch, and dance)! So many things I learned! Thank you!			
Ranking program at a 3 or 4- average rating for learning	97% or 3.69					
% indicating they would recommend program to others	100%					

Workforce Development and Outreach Programs

Employer Led Collaborative Metrics ^{xxii}	Target <small>(7/23 to 9/25)</small>	July- March 24	Progress (33%)*	Health Heroes and Career Pipeline ^{xxiii}	Target <small>(6/22 to 5/24)</small>	#/%	Data Period
Number of employers involved	22	25	114%	Overall Experience Rating	4.0	4.84	June 22 to July 23
Number of stakeholders involved	20	23	115%	Post Session Average Activity Rating & Post Program Activity Rating	4.0	4.65	
Enrolled in training	200	122	61%	# High School Students	80	28	
Completing Training	180	53	29%	# Middle School Students	40	21	
Credentials Earned	160	53	33%	% First Generation College	50%	58.1%	
Participants employed as a result of training	160	32	20%	% Increased interest in HHS Careers	75%	93.8%	
Youth Educated in awareness programs	2000	500	25%	% more aware of local HHS career opportunities	100%	100%	

Health Insurance Navigator^{xxiv}

	Baseline		Target	Most Recent Data		% Change
	#	Data Year		#	Data Year	
TCHP Navigators Available for Providing Assistance						
Medicaid	2	2020	8	12	June 2024	500%
Marketplace	2	2020	8	11	June 2024	450%
Medicare	1	2020	4	3	June 2024	200%
Insurance Enrollment & Coverage						
Number of Unique People Helped	36	May-Aug 2022	75	66	Sept 22-Aug 23	83%
Number of visits-encounters	44	May-Aug 2022	300	277	Sept 22-Aug 23	530%

Social Determinants of Health Projects

	Baseline		Target	Most Recent Data		% Change
	#	Data Year		#	Data Year	
Community Information Exchange Information^{xxv}						
# of contacts	3000	2023	Under Development	To be measured in January 2025.		
# of Referrals (needs met)	2915	2023				
# of Unmet Needs	589	2023				
Mini Projects^{xxvi}						
# projects	17	2023	2024	2025	Total	
# of people immediately impacted	800		13		30	
# of people projected (next 12 months)	33,326		6,737		7537	
% of project indicating project increased services	TBD		10,067		43,393	
			TBD			

Sources/Info:

- ⁱ County Health Rankings (www.countyhealthrankings.org) - Health outcome rank among 84 Michigan counties with #1 having the best outcomes.
- ⁱⁱ Years of Potential Life Lost (Michigan Department of Health and Human Services; www.countyhealthrankings.org) - Age Adjusted Rate/100,000- Years of life lost based on deaths among residents under age 75.
- ⁱⁱⁱ Death from Suicide Rates (Michigan Department of Health and Human Services) - Suicide Mortality Trends, Age Adjusted Rate/100,00
- ^{iv} Ever been told they have depression (Michigan Behavioral Risk Factor Survey) - Percent of residents self reporting that they have ever been told they had depression.
- ^v Mental Health Provider Rate (www.countyhealthrankings.org) - The rate of people for each mental health provider. Higher indicates less access to providers
- ^{vi} *7th, 9th, 11th grade youth that felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities (past 12 months)-Michigan Profile for Healthy Youth (MIPHY) Not available for Michigan or Lapeer. Pandemic disrupted 2020 data collection. 2022 data only available for Huron and Tuscola. <https://mdoe.state.mi.us/schoolhealthsurveys/ExternalReports/CountyReportGeneration.aspx>
- ^{vii} Diabetes prevalence (Michigan Department of Health and Human Services) - Diabetes Mortality Trends, Age Adjusted Rate/100,000y
- ^{viii} BMI Rates- Youth (Michigan Profile for Healthy Youth) - % of 7th, 9th, 11th grade students over 85% of weight (overweight or obese).
- ^{ix} Physical Activity- youth (MIPHY) - % of students physically active for at least 60 minutes per day on five or more of the past seven days.
- ^x BMI Rates- Adults (Michigan Behavioral Risk Factor Survey) - Percentage of residents with a healthy weight
- ^{xi} Physical Activity- adults (Michigan Behavioral Risk Factor Survey) - Percentage of residents that report no leisure time activity
- ^{xii} Michigan Behavioral Risk Factor Survey
- ^{xiii} County Health Rankings (www.countyhealthrankings.org)
- ^{xiv} County Health Rankings (www.countyhealthrankings.org)
- ^{xv} United State Census
- ^{xvi} United Way ALICE (Asset Limited Income Constrained Employed) Report
- ^{xvii} Thumb Community Health Partnership Meeting Evaluations, Network Member Assessment, Partner Profile Spreadsheet
- ^{xviii} www.mantherapy.org analytics
- ^{xix} Regional Behavioral Health Survey Report – Surveys conducted with three target groups in March 2021. Three target groups were medical providers, behavioral health providers, and community members
- ^{xx} Pre, Post, and 3 month follow up self-reported data
- ^{xxi} Participant satisfaction survey at end of program.
- ^{xxii} Quarterly Employer Led Collaborative Grant Report

- ^{xxiv} Navigator Grant Report provided by ACCESS of Southeast Michigan.
- ^{xxv} Northeast Michigan 211 Annual reports
- ^{xxvi} Mini-Project Final reports