

Mental Health Donation Form



Thumb Community Health Partnership

The Thumb Community Health Partnership includes 27 Health and Human Service Agencies across Huron, Lapeer, Sanilac, and Tuscola Counties. Since the beginning of the Partnership, Behavioral Health has been a primary focus. Over the past two years, grant funds were used to develop a men's mental health outreach strategy that included promoting the website www.ManTherapy.org. Based on website data and local feedback, the effort is making a difference to men in the region.

Man Therapy

Man Therapy is an online resource that is designed for working-aged men. Men often do not show signs of needing help before a crisis and Man Therapy uses an early intervention approach to help men acknowledge a need and seek help sooner. Mantherapy.org makes mental health approachable by using humor to break down the stigma. Information on the site helps men take action using evidence-based tools and resources. Visitors to mantherapy.org can learn more about men's mental health, examine their own mental health using a "head inspection" and consider a wide array of actions that will put them on the path to treatment and recovery.



In the past 10 years, **84%** of suicide deaths in the Thumb were men.

If you would like to support men's mental health, consider making a donation today! Advertising packages are also available for organizations and businesses (see back of page).

First and Last Name

Address:

Contact Email:

Contact Phone:

I would like my donations to remain anonymous. (check box to the right)

How would you like your funding spent?	\$ Amount
Undesignated (use as needed for Thumb mental health projects)	
Man Therapy	
Total	

Mail completed forms to Thumb Community Health Partnership, 6152 Duda Road, Harbor Beach, MI 48441.
 Make checks payable to **Sanilac County Health Department**
 (Fiscal agency for the Thumb Community Health Partnership Capacity Building Grant)

If you have a preference for a county in which to use your contribution, please indicate in the space provided: _____

Contributions can be made throughout the year. We thank those who have helped support men's mental health. To see the impact that Man Therapy has had in our community, visit our website www.thumbhealth.org/mantherapy

Advertising Packages

If your organization would like to be recognized for supporting men's mental health and Man Therapy outreach efforts in the Thumb of Michigan, consider purchasing an advertising package.



Packages

CREDITS ADVERTISING PACKAGE- \$250

- Name Mentioned in Press Release
- Name/Logo shared on TCHP Man Therapy Webpage page www.thumbhealth.org/mantherapy
- Social Media Thank you- pinned on the top of TCHP Facebook Page

SPOTLIGHT ADVERTISING PACKAGE (CREDITS PACKAGE PLUS)- \$500

- Name/Logo Displayed on Newspaper Ad
- Name/Logo Displayed During Outreach Events

FEATURE ADVERTISING PACKAGE- \$1000 (SPOTLIGHT PACKAGE PLUS...)

- Name/Logo Mention During Presentation (if applicable)
- A one-month feature article on the TCHP Home Page
- A business card size ad in the TCHP Quarterly Newsletter.

PREMIERE ADVERTISING PACKAGE- \$2500+ (FEATURE PACKAGE PLUS...)

- Co-branding on one billboard
- Co-branding on Radio Ads for one month

All packages will include a window cling "A Proud Sponsor of Men's Mental Health- ManTherapy.org"

If your business/organization would like to support men's mental health, consider purchasing an advertising package today! Donations can also be made by individuals, (see back of page).

Organization/ Business Name

Address:

Contact Person:

Contact Email:

Contact Phone:

Mail completed forms to Thumb Community Health Partnership
6152 Duda Road, Harbor Beach, MI 48441.

Make checks payable to **Sanilac County Health Department**
(Fiscal agency for the Thumb Community Health Partnership Capacity Building Grant)

Other ways your organization can support Mantherapy.org

Include "Proud Sponsor of Man Therapy- mantherapy.org" on your current marketing strategies such as:

- Radio Advertisements
- Social Media Post
- Billboards
- Print Advertisements
- Press Releases
- Vendor/Tradeshaw/Community Events

Visit www.thumbhealth.org/mantherapy
Watch Derrick's Story- From Struggle to Strength
and hear how it all started with a Man Therapy billboard!